

UK charity number 111146 www.kidsatschoolnepal.co.uk



NEWSletter November 2013

...helping to secure the future of Nepal's younger generation...

Our Charity



Mark Ashton

Kids at School in Nepal (KASIN) was founded 8 years ago as a small charity and is making a big difference to the lives of hundreds of Nepali children. Nepal is one of the most beautiful countries on

earth and its people are utterly delightful but it is the 12th poorest country in the world. 85% of the population live in remote rural villages, 60% have no electricity, 38% have no toilet and 45% are illiterate. Most teachers in remote schools have no formal training.

KASIN works directly with schools, teachers and volunteers. All of its funds go directly into projects, improving school facilities, providing teacher training, learning materials etc. We listen to local needs and then support them. Trustees visit annually at their own expense to ensure funding has been allocated in line with our constitution 'To advance the education of children in Nepal'. We are well supported by expatriate Nepalis in the UK, who also donate regularly.

If this is a cause you feel you could support, please consider donating either a single sum or a monthly payment to KASIN. £5 a month pays for a child's education in school (including uniform and books). A

typical primary school teacher's salary in Nepal is £700 and a head teacher might earn £850. You can donate using a credit card or Paypal via the website, make a standing order using the enclosed form or via <u>www.virginmoneygiving.com</u>. Don't forget to Gift Aid your donation if you are a UK tax payer.



Teacher Training Course



A three day course was held at Shree Mandali Higher Secondary School attended by 30 teachers from local schools in the surrounding area, many of whom had received no previous teacher training.

It was organised and run by Harihar Timilsina, a teacher at the Police School in Kathmandu and a much valued friend of KASIN. He was assisted by his colleagues Badra Neupane, Nilam Shrestha, K B Rai and Renee and Terry David who all gave their time freely for this worthwhile venture. The course was activities based with an ICT enabled classroom, despite the problems of unreliable electricity supplies. The main objectives of the Training were motivation, empowerment, respect, dedication and to develop skill and professionalism.

Some of the comments from trainees:

- I am very much grateful to KASIN for providing such useful training. I will never forget this training in my life.
- The training was really effective. We hope such training will be conducted in the future also.
- I am not happy with this training, because three days is not enough! It is so inspiring. I am hoping for it to continue.
- I like your presentation too much. Such trainings are very useful for teachers. Thank you Kids at School in Nepal!

Harihar Timilsina

Our Story Continues

In November 2012 we revisited seven of the schools we are currently supporting in the remote valley of Phulkharka. The new water system instigated by KASIN at Mahendra Dayo School is working well, as is the Central Resource Library at Mandali School.

In April we held our AGM in Yorkshire. It was attended by friends and supporters from the UK including Nepali friends from Liverpool and Peterborough. We welcomed two honoured guests from Nepal, Harihar Timilsina and Dinesh Simkhada, who stayed with friends and Trustees and visited local schools to evaluate UK teaching methods.

Support KASIN via Virgin Money Giving ... Clare & Wendy did!

Wendy Lansdown

After a trip to Phulkharka I was keen to help raise funds for Kids at School in Nepal so my friend Clare and I ran the Cambridge half marathon. We had a great time and were very proud to raise over £1000 between us. We found it really easy to raise money from friends far and wide using <u>www.virginmoneygiving.com</u>. (just go on the site and search for Kids at School in Nepal)

Perhaps you might consider doing something to help raise funds for KASIN? Go on, we know you've always had a secret wish to run a marathon or have your head shaved or do a parachute jump. Now's your chance to fulfill your dream and raise money for a great cause!

The future of Nepal is in the hands of today's children

Our achievements in 2013 include:

When we visited schools in the beautiful but remote area of Phulkharka, 124kms north east of Kathmandu in October 2010. We found that:

- A Three Day Training Course for 30 teachers from local schools
- A water supply at Shree Mandali Secondary School
- A new classroom at Dhardakharka Primary School
- 18 boxes of books and science equipment, donated by UK schools



Projects for 2014:

- Two more teacher training courses
- A teacher exchange programme with schools in Yorkshire.
- Science equipment for Mahendro Daya School.
- A sponsored trek to Everest Base Camp



The Trustees wish to thank all those who have supported US with donations including substantial donations from Wendy Lansdown, Mary McNally in Australia, Ralph Sutton in Canada. Kath Graham in New Zealand and the

Peterborough Nepalese Society. We also have 2 donations in the form of monthly standing orders. A monthly, quarterly or yearly standing order will greatly help our efforts: the amount is not important and all donors will be placed on our mailing list.

If any UK donors would like an illustrated presentation to their local club or church we have many images of life in Nepal which we will be pleased to arrange.

> Contact Arthur Benbow: Tel 01729 824222 Email arthur80@gmail.com

Or visit our Website: www.kidsatschoolnepal.co.uk



Hotel Holy Himalaya puts its guests right in the heart of Kathmandu at Thamel, within walking distance to numerous bazaars, cafes and restaurants. It has 40 deluxe rooms with air-conditioning and wireless Internet and 10 standard rooms without A/C. Accommodation and amenities are within medium budget range. www.holyhimalaya.com